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|  | **Source** | **Criteria** | **Results** |
| --- | --- | --- | --- |
| 5. | Medline | ((frontline\* OR "front line" OR clinical OR medical OR health\* OR "health care" OR hospital\* OR nursing) ADJ (worker\* OR staff\* OR professional\* OR personnel\* OR employee\* OR assistant\* OR workforce\* OR "work force\*")).ti | 44154 |
| 6. | Medline | exp \*"HEALTH PERSONNEL"/ | 377267 |
| 7. | Medline | (medic OR medics OR clinician\* OR physician\* OR therapist\* OR doctor\* OR nurse\* OR "allied health professional\*" OR AHPs OR AHPs OR pharmacist\* OR physiotherapist\* OR specialist\* OR "healthcare support worker\*" OR "healthcare assistant\*" OR "health care support worker\*" OR "health care assistant\*" OR HCSW OR HCSWs OR HCA OR HCAs).ti | 308180 |
| 8. | Medline | (5 OR 6 OR 7) | 591137 |
| 9. | Medline | ((mental\* OR "mental health\*" OR psycho\*9) ADJ (wellbeing OR "well being" OR wellness OR resilien\* OR recover\*)).ti,ab | 17764 |
| 10. | Medline | exp "MENTAL HEALTH"/ | 38812 |
| 12. | Medline | exp "MENTAL HEALTH RECOVERY"/ | 134 |
| 13. | Medline | exp "RESILIENCE, PSYCHOLOGICAL"/ | 5840 |
| 14. | Medline | (9 OR 10 OR 12 OR 13) | 59221 |
| 15. | Medline | (8 AND 14) | 4577 |
| 16. | Medline | (intervention\* OR program\* OR scheme\*).ti,ab | 1851716 |
| 17. | Medline | exp "INTERNET-BASED INTERVENTION"/ | 200 |
| 18. | Medline | exp "CRISIS INTERVENTION"/ | 5654 |
| 19. | Medline | exp "PREVENTIVE HEALTH SERVICES"/ OR exp "HEALTHY PEOPLE PROGRAMS"/ | 684282 |
| 20. | Medline | (16 OR 17 OR 18 OR 19) | 2384877 |
| 21. | Medline | (15 AND 20) | 1603 |
| 23. | Medline | exp "COST-BENEFIT ANALYSIS"/ OR exp "TREATMENT OUTCOME"/ OR exp "PROGRAM EVALUATION"/ OR exp "OUTCOME ASSESSMENT, HEALTH CARE"/ | 1269324 |
| 24. | Medline | (effective\* OR efficac\* OR benefit\* OR beneficial\* OR improv\* OR success\*).ti,ab | 5695007 |
| 25. | Medline | (23 OR 24) | 6279362 |
| 26. | Medline | (21 AND 25) | 964 |
| 28. | Medline | (21 AND 25) [DT FROM 2000] [Document type Guideline OR Meta-analysis OR Review] [Languages English] | 144 |
| 29. | EMBASE | ((frontline\* OR "front line" OR clinical OR medical OR health\* OR "health care" OR hospital\* OR nursing) ADJ (worker\* OR staff\* OR professional\* OR personnel\* OR employee\* OR assistant\* OR workforce\* OR "work force\*")).ti | 38532 |
| 30. | EMBASE | (medic OR medics OR clinician\* OR physician\* OR therapist\* OR doctor\* OR nurse\* OR "allied health professional\*" OR AHPs OR AHPs OR pharmacist\* OR physiotherapist\* OR specialist\* OR "healthcare support worker\*" OR "healthcare assistant\*" OR "health care support worker\*" OR "health care assistant\*" OR HCSW OR HCSWs OR HCA OR HCAs).ti | 329006 |
| 31. | EMBASE | exp \*"HEALTH CARE PERSONNEL"/ | 515452 |
| 32. | EMBASE | (29 OR 30 OR 31) | 724215 |
| 33. | EMBASE | ((mental\* OR "mental health\*" OR psycho\*9) ADJ (wellbeing OR "well being" OR wellness OR resilien\* OR recover\*)).ti,ab | 22248 |
| 34. | EMBASE | exp \*WELLBEING/ OR exp \*"MENTAL HEALTH"/ | 55344 |
| 35. | EMBASE | exp \*"MENTAL HEALTH RECOVERY"/ OR exp \*"PSYCHOLOGICAL RESILIENCE"/ | 2372 |
| 36. | EMBASE | (33 OR 34 OR 35) | 74532 |
| 37. | EMBASE | (32 AND 36) | 4963 |
| 38. | EMBASE | (intervention\* OR program\* OR scheme\*).ti,ab | 2502024 |
| 39. | EMBASE | exp \*"WEB-BASED INTERVENTION"/ OR exp \*"INTERVENTION STUDY"/ OR exp \*"CRISIS INTERVENTION"/ | 6898 |
| 40. | EMBASE | exp \*"HEALTH PROGRAM"/ | 26376 |
| 41. | EMBASE | (38 OR 39 OR 40) | 2509277 |
| 42. | EMBASE | (37 AND 41) | 1592 |
| 43. | EMBASE | (effective\* OR efficac\* OR benefit\* OR beneficial\* OR improv\* OR success\*).ti,ab | 7733885 |
| 44. | EMBASE | exp \*"COST BENEFIT ANALYSIS"/ | 11594 |
| 45. | EMBASE | exp \*"PROGRAM EVALUATION"/ OR exp \*"TREATMENT OUTCOME"/ | 108739 |
| 46. | EMBASE | (43 OR 44 OR 45) | 7792968 |
| 47. | EMBASE | (42 AND 46) | 980 |
| 48. | EMBASE | (42 AND 46) [DT FROM 2000] [Publication types Review] [English language] | 73 |
| 49. | CINAHL | ((frontline\* OR "front line" OR clinical OR medical OR health\* OR "health care" OR hospital\* OR nursing) ADJ (worker\* OR staff\* OR professional\* OR personnel\* OR employee\* OR assistant\* OR workforce\* OR "work force\*")).ti | 31378 |
| 50. | CINAHL | (medic OR medics OR clinician\* OR physician\* OR therapist\* OR doctor\* OR nurse\* OR "allied health professional\*" OR AHPs OR AHPs OR pharmacist\* OR physiotherapist\* OR specialist\* OR "healthcare support worker\*" OR "healthcare assistant\*" OR "health care support worker\*" OR "health care assistant\*" OR HCSW OR HCSWs OR HCA OR HCAs).ti | 274415 |
| 51. | CINAHL | exp \*"HEALTH PERSONNEL"/ | 339710 |
| 52. | CINAHL | (49 OR 50 OR 51) | 538174 |
| 53. | CINAHL | ((mental\* OR "mental health\*" OR psycho\*9) ADJ (wellbeing OR "well being" OR wellness OR resilien\* OR recover\*)).ti,ab | 11367 |
| 54. | CINAHL | exp "PSYCHOLOGICAL WELL-BEING"/ OR exp "MENTAL HEALTH"/ | 59090 |
| 55. | CINAHL | (53 OR 54) | 65557 |
| 56. | CINAHL | (52 AND 55) | 5098 |
| 57. | CINAHL | (intervention\* OR program\* OR scheme\*).ti,ab | 734348 |
| 58. | CINAHL | exp "CRISIS INTERVENTION"/ OR exp "INTERNET-BASED INTERVENTION"/ | 3669 |
| 59. | CINAHL | exp "PROGRAM DEVELOPMENT"/ | 83999 |
| 60. | CINAHL | (57 OR 58 OR 59) | 773216 |
| 61. | CINAHL | (56 AND 60) | 1212 |
| 62. | CINAHL | (effective\* OR efficac\* OR benefit\* OR beneficial\* OR improv\* OR success\*).ti,ab | 1394020 |
| 63. | CINAHL | exp "COST BENEFIT ANALYSIS"/ | 33917 |
| 64. | CINAHL | exp "TREATMENT OUTCOMES"/ OR exp "OUTCOME ASSESSMENT"/ | 407757 |
| 65. | CINAHL | exp "PROGRAM EVALUATION"/ | 41506 |
| 66. | CINAHL | (62 OR 63 OR 64 OR 65) | 1636684 |
| 67. | CINAHL | (61 AND 66) | 721 |
| 69. | CINAHL | (61 AND 66) [DT FROM 2000] [Publication types Review] [Languages eng] | 30 |
| 70. | EMCARE | ((frontline\* OR "front line" OR clinical OR medical OR health\* OR "health care" OR hospital\* OR nursing) ADJ (worker\* OR staff\* OR professional\* OR personnel\* OR employee\* OR assistant\* OR workforce\* OR "work force\*")).ti | 18191 |
| 71. | EMCARE | (medic OR medics OR clinician\* OR physician\* OR therapist\* OR doctor\* OR nurse\* OR "allied health professional\*" OR AHPs OR AHPs OR pharmacist\* OR physiotherapist\* OR specialist\* OR "healthcare support worker\*" OR "healthcare assistant\*" OR "health care support worker\*" OR "health care assistant\*" OR HCSW OR HCSWs OR HCA OR HCAs).ti | 138719 |
| 72. | EMCARE | exp \*"HEALTH CARE PERSONNEL"/ | 211166 |
| 73. | EMCARE | (70 OR 71 OR 72) | 258551 |
| 74. | EMCARE | ((mental\* OR "mental health\*" OR psycho\*9) ADJ (wellbeing OR "well being" OR wellness OR resilien\* OR recover\*)).ti,ab | 12654 |
| 75. | EMCARE | exp \*WELLBEING/ OR exp \*"MENTAL HEALTH"/ | 53421 |
| 76. | EMCARE | exp \*"MENTAL HEALTH RECOVERY"/ OR exp \*"PSYCHOLOGICAL RESILIENCE"/ | 835 |
| 77. | EMCARE | (74 OR 75 OR 76) | 61663 |
| 78. | EMCARE | (73 AND 77) | 5390 |
| 79. | EMCARE | (intervention\* OR program\* OR scheme\*).ti,ab | 854765 |
| 80. | EMCARE | exp \*"WEB-BASED INTERVENTION"/ OR exp \*"INTERVENTION STUDY"/ OR exp \*"CRISIS INTERVENTION"/ | 3797 |
| 81. | EMCARE | exp \*"HEALTH PROGRAM"/ | 12155 |
| 82. | EMCARE | (79 OR 80 OR 81) | 856861 |
| 83. | EMCARE | (78 AND 82) | 1715 |
| 84. | EMCARE | (effective\* OR efficac\* OR benefit\* OR beneficial\* OR improv\* OR success\*).ti,ab | 1832825 |
| 85. | EMCARE | exp \*"COST BENEFIT ANALYSIS"/ | 3939 |
| 86. | EMCARE | exp \*"PROGRAM EVALUATION"/ OR exp \*"TREATMENT OUTCOME"/ | 34656 |
| 87. | EMCARE | (84 OR 85 OR 86) | 1851601 |
| 88. | EMCARE | (83 AND 87) | 988 |
| 89. | EMCARE | (83 AND 87) [DT FROM 2000] [Publication types Review] [English language] | 113 |
| 90. | PsycINFO | ((frontline\* OR "front line" OR clinical OR medical OR health\* OR "health care" OR hospital\* OR nursing) ADJ (worker\* OR staff\* OR professional\* OR personnel\* OR employee\* OR assistant\* OR workforce\* OR "work force\*")).ti | 10319 |
| 91. | PsycINFO | (medic OR medics OR clinician\* OR physician\* OR therapist\* OR doctor\* OR nurse\* OR "allied health professional\*" OR AHPs OR AHPs OR pharmacist\* OR physiotherapist\* OR specialist\* OR "healthcare support worker\*" OR "healthcare assistant\*" OR "health care support worker\*" OR "health care assistant\*" OR HCSW OR HCSWs OR HCA OR HCAs).ti | 59969 |
| 92. | PsycINFO | exp \*"HEALTH PERSONNEL"/ | 119722 |
| 93. | PsycINFO | (90 OR 91 OR 92) | 155828 |
| 94. | PsycINFO | ((mental\* OR "mental health\*" OR psycho\*9) ADJ (wellbeing OR "well being" OR wellness OR resilien\* OR recover\*)).ti,ab | 20484 |
| 95. | PsycINFO | exp "WELL BEING"/ | 44666 |
| 96. | PsycINFO | exp "RESILIENCE (PSYCHOLOGICAL)"/ | 14431 |
| 97. | PsycINFO | (94 OR 95 OR 96) | 68042 |
| 98. | PsycINFO | (93 AND 97) | 3249 |
| 99. | PsycINFO | (intervention\* OR program\* OR scheme\*).ti,ab | 711822 |
| 100. | PsycINFO | exp "MENTAL HEALTH PROGRAMS"/ | 10810 |
| 101. | PsycINFO | exp "DIGITAL INTERVENTIONS"/ OR exp "MINDFULNESS-BASED INTERVENTIONS"/ | 1338 |
| 102. | PsycINFO | exp INTERVENTION/ | 107883 |
| 103. | PsycINFO | (99 OR 100 OR 101 OR 102) | 726757 |
| 104. | PsycINFO | (98 AND 103) | 1092 |
| 105. | PsycINFO | (effective\* OR efficac\* OR benefit\* OR beneficial\* OR improv\* OR success\*).ti,ab | 1164144 |
| 106. | PsycINFO | exp "COSTS AND COST ANALYSIS"/ OR exp "TREATMENT EFFECTIVENESS EVALUATION"/ | 67331 |
| 107. | PsycINFO | exp "PROGRAM EVALUATION"/ OR exp "TREATMENT OUTCOMES"/ | 143404 |
| 108. | PsycINFO | (105 OR 106 OR 107) | 1268581 |
| 109. | PsycINFO | (104 AND 108) | 687 |
| 110. | PsycINFO | (104 AND 108) [DT FROM 2010] [Languages English] [Methodology Literature Review OR Meta Analysis OR Systematic Review] | 51 |
| 111. | BNI | ((frontline\* OR "front line" OR clinical OR medical OR health\* OR "health care" OR hospital\* OR nursing) ADJ (worker\* OR staff\* OR professional\* OR personnel\* OR employee\* OR assistant\* OR workforce\* OR "work force\*")).ti | 8046 |
| 112. | BNI | (medic OR medics OR clinician\* OR physician\* OR therapist\* OR doctor\* OR nurse\* OR "allied health professional\*" OR AHPs OR AHPs OR pharmacist\* OR physiotherapist\* OR specialist\* OR "healthcare support worker\*" OR "healthcare assistant\*" OR "health care support worker\*" OR "health care assistant\*" OR HCSW OR HCSWs OR HCA OR HCAs).ti | 83173 |
| 113. | BNI | "MEDICAL PERSONNEL"/ | 11723 |
| 114. | BNI | (111 OR 112 OR 113) | 99423 |
| 115. | BNI | ((mental\* OR "mental health\*" OR psycho\*9) ADJ (wellbeing OR "well being" OR wellness OR resilien\* OR recover\*)).ti,ab | 2662 |
| 116. | BNI | "MENTAL HEALTH"/ | 17218 |
| 117. | BNI | (115 OR 116) | 19287 |
| 118. | BNI | (114 AND 117) | 2031 |
| 119. | BNI | (intervention\* OR program\* OR scheme\*).ti,ab | 129951 |
| 120. | BNI | INTERVENTION/ | 9226 |
| 121. | BNI | "WELLNESS PROGRAMS"/ | 731 |
| 122. | BNI | (119 OR 120 OR 121) | 131127 |
| 123. | BNI | (118 AND 122) | 575 |
| 124. | BNI | (effective\* OR efficac\* OR benefit\* OR beneficial\* OR improv\* OR success\*).ti,ab | 205127 |
| 125. | BNI | "COST ANALYSIS"/ OR EFFECTIVENESS/ OR "EFFECTIVENESS STUDIES"/ | 2161 |
| 126. | BNI | "CLINICAL OUTCOMES"/ | 10952 |
| 127. | BNI | (124 OR 125 OR 126) | 210525 |
| 128. | BNI | (123 AND 127) | 306 |
| 129. | BNI | (123 AND 127) [DT FROM 2000] [Document type Literature Review OR Review] | 10 |

NICE Evidence Search at [www.evidence.nhs.uk](http://www.evidence.nhs.uk) searched using the terms ("nurse well being" or "nurse wellbeing" or "doctor well being" or "doctor wellbeing" or "staff well being" or "staff wellbeing") intervention\*: [https://www.evidence.nhs.uk/search?from=01%2F01%2F2000&to=17%2F09%2F2020&ps=100&q=(%22nurse%20well%20being%22%20or%20%22nurse%20wellbeing%22%20or%20%22doctor%20well%20being%22%20or%20%22doctor%20wellbeing%22%20or%20%22staff%20well%20being%22%20or%20%22staff%20wellbeing%22)%20intervention\*](https://www.evidence.nhs.uk/search?from=01%2F01%2F2000&to=17%2F09%2F2020&ps=100&q=(%22nurse%20well%20being%22%20or%20%22nurse%20wellbeing%22%20or%20%22doctor%20well%20being%22%20or%20%22doctor%20wellbeing%22%20or%20%22staff%20well%20being%22%20or%20%22staff%20wellbeing%22)%20intervention*)

Cochrane Library at [www.cochranelibrary.com](http://www.cochranelibrary.com) searched using the terms ((doctor\* or nurse\* or staff\*) next (wellbeing or "well being" or resilien\*)) and intervention\* in Title Abstract Keyword fields

ERIC database at <https://eric.ed.gov/> searched using the terms ((doctor\* or nurse\* or staff\*) and (wellbeing or "well being" or resilien\*)) and intervention\*: [https://eric.ed.gov/?q=+%28%28doctor\*+or+nurse\*+or+staff\*%29+and+%28wellbeing+or+%22well+being%22+or+resilien\*%29%29+and+intervention\*](https://eric.ed.gov/?q=+%28%28doctor*+or+nurse*+or+staff*%29+and+%28wellbeing+or+%22well+being%22+or+resilien*%29%29+and+intervention*)

For more information about these resources and more please go to: <https://www.bartshealth.nhs.uk/knowledge-and-library>.

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